

## Confirming My Values

Value	Definition		Top 5 Values Prioritized
Accomplishment		1.	
Achievement		2.	
Advancement		3.	
Adventure		4.	
Autonomy		5.	
Competitiveness			
Contribution			Instructions:
Cooperation			Review the list of
Creativity			values. Select your top
Economic Security			5 and define them. Then rank the five in
Family Happiness			order with your top
Freedom			value as #1.
Friendship			
Health			Suggested Approach
Honesty			Eliminate those that do
Integrity			not resonate with you and focus on those that
Order			
Power			
Recognition			
Self Reliant			
Spirituality			
Stability			
Success			
Wealth			
Wisdom			